



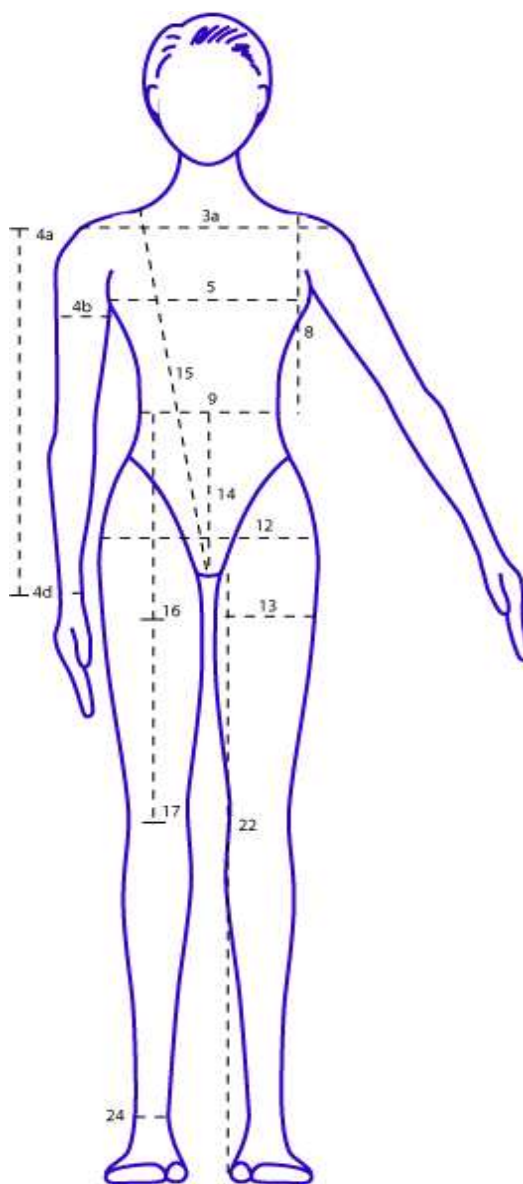
## Measurement Chart "Simplified"

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Organization: \_\_\_\_\_

**IMPORTANT: When measuring, keep tape measure against the body at all times**

Measurement	How To Measure	Actual Measurement
<b>Shoulder To Shoulder</b>	<p><b>3a) Front</b> - Measure from shoulder seam to other shoulder seam at front</p> <p><b>3b) Back</b> - Measure from shoulder seam to other shoulder seam at back</p>	
<b>Arm Length</b>	<b>4a)</b> Measure from edge of shoulder to bottom of wrist bone.	
<b>Neckline Drop</b>	Measure from hollow of neck to top of desired neckline position (not shown)	
<b>Bicep</b>	<b>4b)</b> Measure on a straight arm around the bicep.	
<b>Wrist</b>	<b>4d)</b> Measure around the wrist bone.	
<b>Chest/Bust</b>	<b>5)</b> Measure with arms held out to shoulder height, over bust/chest and across back	
<b>Cup Size</b>	<b>7a)</b> Bra Cup Size (Do not measure, just record size)	

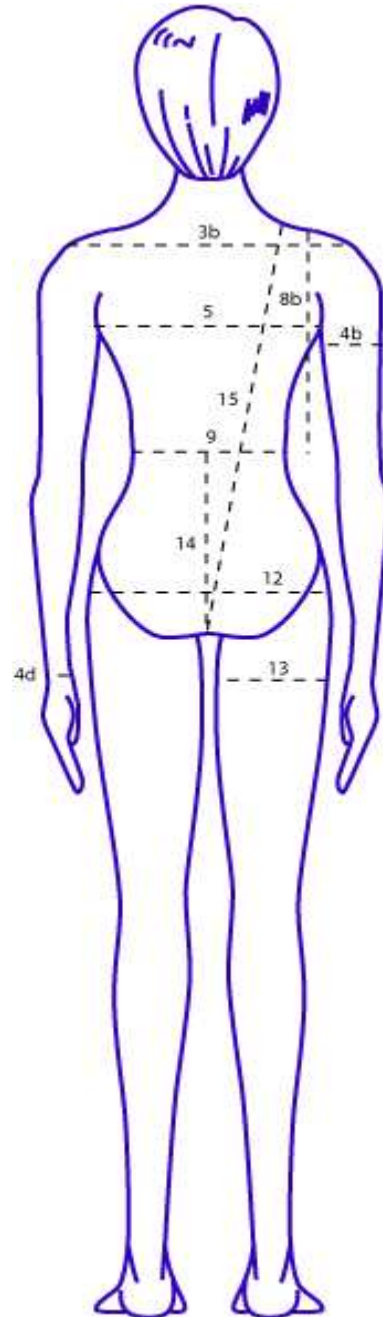




## Measurement Chart "Simplified"

continued...

<b>Shoulder To Waist</b>	<p><b>8a) Front</b> – Measure from centre of shoulder bone down chest to waist.</p> <p><b>8b) Back</b> – Measure from centre of shoulder bone down back to waist.</p>	
<b>Waist</b>	<p><b>9)</b> Measure around the natural waistline</p> <p><b>Tip:</b> To find your natural waistline bend to the side, at the point where your waist creases will be your "natural" waistline.</p>	
<b>Hip</b>	<b>12)</b> Measure around the widest part of the hip & buttocks, parallel to the floor.	
<b>Thigh</b>	<b>13)</b> Measure around the widest part of the thigh.	
<b>Crotch Length (Rise)</b>	<b>14)</b> Measure from centre front waist, passing under crotch to centre back waist.	
<b>Torso / Girth</b>	<b>15) Start at front</b> measuring from middle of shoulder down chest, past waist, under crotch and up the back to starting point.	
<b>Skirt Length</b>	<b>16)</b> Measure from natural waist along to desired finished hem <b>at the back</b>	
<b>Waist To Knee</b>	<b>17)</b> Measure from natural waistline to the knee.	
<b>Inseam</b>	<b>22)</b> Measure the inside length of leg from the crotch to the finished hem length.	
<b>Ankle</b>	<b>24)</b> Measure just above the ankle bone.	



**Questions?**

**Please contact us at 905.474.3179**



